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By JEREMIAH WILSON

• Leader & Times

Saturday evening was going to be a night Robert Smith will most likely never forget. Smith stepped into the cage for his first amateur fight against Giovanni Galindo at Summer Heat Revolution Cage Warrior Challenge.

Smith has gone to great lengths to prepare himself for the big night, training almost daily.

"I'm pretty nervous," Smith said. "But I know it's just part of the sport. When I go out there I've got to put that all aside and focus on my fight. I've got to look at my fighter and realize he's probably as nervous as I am, and I just got to go out there and give it 100 percent. Cause it's not worth going out there unless you give it 100."

Smith is a grappler, but can also hold his own with his fists.

"I like grappling," Smith said. "But if I gotta throw hands, go one on one standing up, I'll do it. I'm not afraid to take some hits but preferably I'd like to finish it off on the ground in the first round."

To psych himself up for the fight Smith has been watching a lot of MMA movies, listening to heavy metal music or any music with a heavy beat.

"I've just been trying to keep my mind right," Smith said. "And keep myself focused."

Smith makes cage debut at 'Summer Heat' event

Saturday, 29 June 2013 10:05

The Summer Heat Revolution Cage Warrior Challenge took place late Saturday night. To see the results of Smith's fight, as well as the others, see Monday's Leader&Times.



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