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By ROY ALLEN

Seward sports information director

Seward County Women's Tennis Coach Darin Workman has announced the signing of his daughter, Liberal High School player Caitlin Workman, for the 2010-2011 season.

Caitlin Workman played in the No. 1 doubles slot for the Lady Redskins this fall and is a four time varsity letterman.

She made the switch this season to doubles after spending the majority of her first three seasons in singles action which she said she enjoys more.

"I like playing singles more than doubles, but I just want to do whatever is best for the team," she said. "If that is playing both, playing one or the other I am OK with that."

Seward coach Darin Workman is excited about the prospects of coaching his daughter.

“It will be fun as long as she listens to me better on the court than she does at home,” he laughed. “She is a good player but we feel like she has a lot of things to improve on before moving on to the four year level.”

Workman will be the first Liberal High School tennis player to play for the Lady Saints in six seasons while the men’s team currently has two with Landon Harp and Aaron Shaffer.

Caitlin will join the team in August and don the green and white for the first time as a Lady Saint in match action later that fall.

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