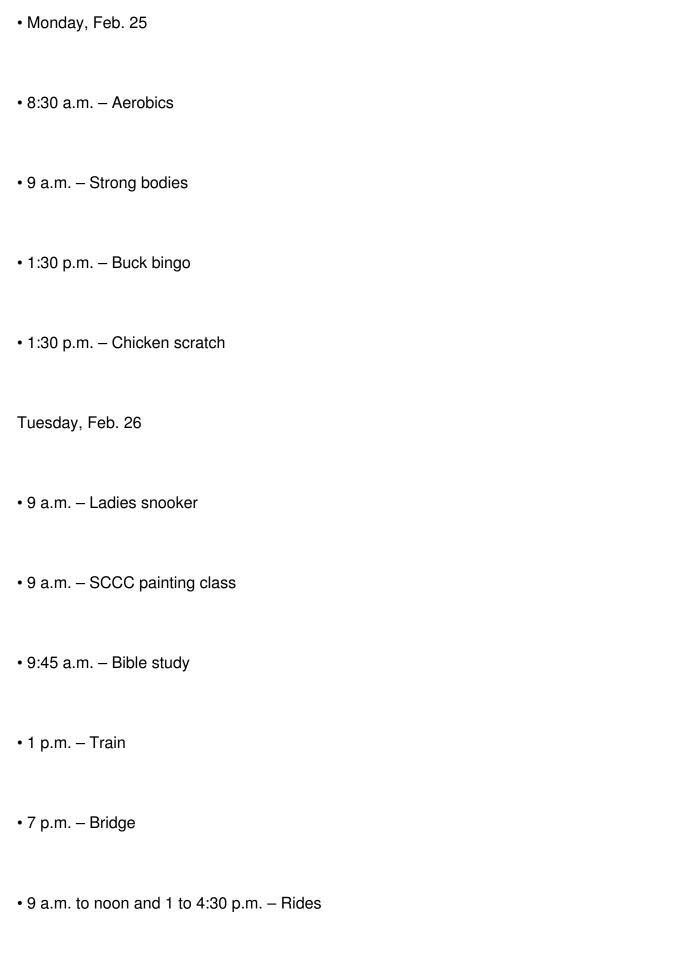
function get_style10916 () { return "none"; } function end10916_ () { document.getElementById('elastomer10916').style.display = get_style10916(); }
Liberal Senior Center
Friendship Meals
• Monday, Feb. 25 – Baked pork chop, American fried potatoes, winter mix vegetables, whole wheat roll, fruit mix and milk
• Tuesday, Feb. 26 – Chicken paprika, parslied bowties, crump top brussel sprouts, whole wheat bread, baked peach slices and milk
• Wednesday, Feb. 27 – Lasagna, Italian vegetables, tossed salad with dressing, garlic bread pineapple and milk
• Thursday, Feb. 28 – Garlic pepper pork loin with gravy, baked sweet potato, spinach, whole wheat roll, baked apple slices and milk
• Friday, March 1 – Ham and beans, strewed tomatoes, corn bread, pineapple upside down cake and milk
Activities



Wednesday, Feb. 27
• 8:30 a.m. – Aerobics
• 9 a.m. – Strong bodies
• 11:55 a.m. – Birthday cake
• 1 p.m. – Pitch
• 2:30 p.m. – Bowling at the bowling alley
• 9 a.m. to noon and 1 to 4:30 p.m. – Rides
Thursday, Feb. 28
• 9 a.m. – SCCC painting class
• 1 p.m. – Hand and foot
• 1:30 – Card work day

• 9 a.m. to noon and 1 to 4:30 p.m. – Rides
Friday, March 1
• 8:30 a.m. – Aerobics
• 9 a.m. – Coffee and roll
• 1:30 p.m. – Buck bingo
• 8 to 11 p.m. – Happy Steppers dance. The band is Oklahoma Cowboy and Texas Lady
• 9 a.m. to noon and 1 to 4:30 p.m. – Rides
Saturday, March 2
• Open from 1 to 5 p.m.
Today I want speak to you in the form in which it was requisite to go into has already been given viagra for sale is a personal choice of each individual buy viagra must take every human being without aid. end10916_();