

Liberal Senior Center

Friendship Meals

Monday, May 27 – Closed

Tuesday, May 28 – Spaghetti and meat sauce, green beans, toss salad, garlic sticks, red velvet cake and milk

Wednesday, May 29 – Glazed baked ham, scalloped potatoes, Italian vegetables, whole wheat roll, strawberries with topping and milk

Thursday, May 30 – Peppered steak, steamed rice, parslid carrots, whole wheat bread, ambrosia deluxe and milk

Friday, May 31 – Oven fried chicken, white beans, zucchin, whole wheat roll, creamy fruit salad and milk

Activities

- Monday, May 27

Closed for Memorial Day

• Tuesday, May 28

9 a.m. – Ladies snooker

9 a.m. – SCCC painting class

9:45 a.m. – Bible study

1:30 p.m. – Train

7 p.m. – Bridge

• Wednesday, May 29

8:30 a.m. – Aerobics

9 a.m. – Strong bodies

1 p.m. – Pitch

Liberal Senior Center meals and activities for week of May 26-June 1

Friday, 24 May 2013 13:51

- Thursday, May 30

9 a.m. – SCCC painting class

1 p.m. – ☐ Hand and foot

- Friday, May 31

8:30 a.m. – Aerobics

9 a.m. – Coffee and roll

1:30 p.m. – Buck bingo

- Saturday, June 1

Open from 1 to 5 p.m.