

TODAY

- Morning transportation for persons age 55 and older is available from 9 a.m. to noon and 1 to 4 p.m. through the Liberal Senior Center. For more information or to schedule a ride, call 624-2511.

- Overeaters Anonymous of Guymon, Okla., will meet at 10:30 a.m. at the AA Club on Main Street across from Homeland in Guymon. All who have a problem with food are welcome to attend.

- Inside Out Kids at the Hugoton Assembly of God, 138 S. Main, beginning with dinner at 6:45 p.m. Program will be from 7 to 8 p.m. Rides are available by calling Pastor Ben Coats at 620-428-1487 before 5:30 p.m.

- An Oklahoma Department of Veterans Affairs veteran service representative will meet with veterans from 9 a.m. to 3 p.m. at High Plains Vo-Tech in Woodward, Okla.

THURSDAY

- Morning transportation for persons age 55 and older is available from 9 a.m. to noon and 1 to 4 p.m. through the Liberal Senior Center. For more information or to schedule a ride, call 624-2511.

- The Western Avenue Church of Christ has a benevolent room which is open to the public from 9 to 10 a.m. every Thursday. For those in need of clothing, come by 215 S. Western Ave.

- The Liberal Table Tennis Club will meet at 7 p.m. at the Parks and Rec office.

- T.O.P.S. (Take Off Pounds Sensibly), a non-profit weight loss group, meets at 6 p.m. Thursdays at Grace Lutheran Church at 1200 W. 11th Street in Liberal. The first meeting is free. Dues are \$32 per year. Call Gail at 629-1379 with questions.

- The Liberal Area Rape Crisis and Domestic Violence Services Men's Support Group will meet from 7 to 8 p.m. at 909 N. Clay.

- An Oklahoma Department of Veterans Affairs veteran service representative will meet with veterans from 9 a.m. to 3 p.m. at the Workforce Center in Woodward, Okla., to advise in obtaining veteran benefits.

FRIDAY

- Morning transportation for persons age 55 and older is available from 9 a.m. to noon and 1 to 4 p.m. through the Liberal Senior Center. For more information or to schedule a ride, call 624-2511.

- Residents at Pioneer Manor in Hugoton play Bingo at 2 p.m. Community members are invited to volunteer or play a game with the residents.

- An Oklahoma Department of Veterans Affairs veteran service representative will meet with veterans from 9 a.m. to 3 p.m. at City Hall in Beaver, Okla.

SATURDAY

- The New Horizon Group of Alcoholics Anonymous is inviting all to attend meetings at 5 p.m.

each Saturday at Southwest Medical Center in Conference Room 1.

- The Dementia Support Group that meets the third Saturday of each month at the Main Street Guymon office from 4 – 5 p.m. at 116 NE Fifth in Guymon. Dorothy Countryman is the leader for the group where anyone is welcome to attend. For more information, call 580-338-6246.

SUNDAY

- Everyone is invited to join the Plains community for lunch and let the kids play pool, foose ball or watch a kids' movie while the adults visit and meet others in the community. If interested, a "Father's Feast," a free home-cooked meal will be available at 12:15 p.m. on the third Sunday of every month in downtown Plains at the Frog Pond at 410 Grand Ave. The feast is sponsored by Plains Christian Church.

MONDAY

- Morning transportation for persons age 55 and older is available from 9 a.m. to noon and 1 to 4 p.m. through the Liberal Senior Center. For more information or to schedule a ride, call 624-2511.

- The Turpin Senior Center will celebrate birthdays and anniversaries of the month with a meal and games starting at 6:30 p.m. The center is funded by grants and a percentage of Beaver County tax funds. More information is available at 580-778-3527 or 580-778-3487.

- Celebrate life from 6:30 to 8 p.m. at Assembly of God at 138 S. Main in Hugoton. Park in the back lot.

- Al-Anon Family Group meets at 8 p.m. at 1405 Cemetery Road in Hugoton. Call 620-544-2610 or 620-544-2854 for more information.

- An Oklahoma Department of Veterans Affairs veteran service representative will meet with veterans from 10:30 a.m. to 1 p.m. at City Hall in Boise City, Okla., to advise in obtaining veteran benefits.

TUESDAY

- Morning transportation for persons age 55 and older is available from 9 a.m. to noon and 1 to 4 p.m. through the Liberal Senior Center. For more information or to schedule a ride, call 624-2511.

- It hurts to lose someone. Find help at GriefShare, a 14-week grief support group. GriefShare meets at Friends Church in Liberal Tuesdays at 6:30 p.m. Friends Church is located at 1650 N. Western Avenue in Liberal, Kansas. The workbook is \$25. Discover more at www.griefshare.org or call the church at 620-624-2763.

- New Community Missionary Baptist Church hosts a food cupboard beginning at 5:30 p.m. every Tuesday. Residents in need should bring identification to receive services. The cupboard is located at the Community Missionary Baptist Educational Center.

- The Liberal Area Rape Crisis and Domestic Violence Services Women's Support Group will meet at 7 p.m. at 909 N. Clay.

- Weight Watchers meeting every Tuesday evening at 6:30 p.m. Doors open at 5 for registration and weigh-ins. Come to 215 S. Western to Western Avenue Church of Christ. Questions? Call 580-651-5654.

- Residents at Pioneer Manor in Hugoton play Bingo at 2 p.m. Community members are invited to volunteer or play a game with the residents.

- Hugoton Masonic Lodge No. 406 meets at 7:30 p.m.

- An Oklahoma Department of Veterans Affairs veteran service representative will meet with veterans from 9 a.m. to 3 p.m. at the Workforce Center in Guymon, Okla., to advise in obtaining veteran benefits.

WEDNESDAY, SEPTEMBER 20

- The Seward County Council on Aging will be hosting a meeting at 1 p.m. at the Liberal Senior Center.

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THURSDAY, SEPTEMBER 21

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