TUESDAY, MARCH 20

n New Community Missionary Baptist Church hosts a food cupboard beginning at 5:30 p.m. every Tuesday. Residents in need should bring identification to receive services. The cupboard is located at the Community Missionary Baptist Educational Center.

n The Liberal Area Rape Crisis and Domestic Violence Services Women's Support Group will meet at 7 p.m. at 909 N. Clay.

n The Al Anon Support Group meets at 6:30 p.m. every Tuesday at Club One at 109 W. Second in Liberal. For more information, call Jacque at 316-300-0792 or 624-5911.

WEDNESDAY, MARCH 21

n Overeaters Anonymous of Guymon, Okla., will meet at 10:30 a.m. at the AA Club on Main Street across from Homeland in Guymon. All who have a problem with food are welcome to attend.

n Morning transportation for persons age 55 and older is available from 9 a.m. to noon and 1 to 4:30 p.m. Mondays, Wednesdays and Fridays through the Liberal Senior Center. Transportation is also offered from 9 a.m. to noon Tuesdays and Thursdays. For more information or to schedule a ride, call 624-2511.

THURSDAY, MARCH 22

n The Western Avenue Church of Christ has a benevolent room which is open to the public from 9 to 10 a.m. every Thursday. For those in need of clothing, come by 215 S. Western Ave.

n The Liberal Table Tennis Club will meet at 7 p.m. at the Parks and Rec office.

n T.O.P.S. (Take Off Pounds Sensibly), a non-profit weight loss group, meets at 6 p.m. Thursdays at the First Southern Baptist Church in Liberal. The first meeting is free. Dues are $26 per year. Call Jo at 626-5032 with questions.

n The Liberal Area Rape Crisis and Domestic Violence Services Men’s Support Group will meet from 7 to 8 p.m. at 909 N. Clay.