

I went to the fights, and a hockey game broke out!
Slow Smokin BBQ Home of the BIG WOODY!
48 Village Plaza • Ashcroft, B.C. (504-536-4822) Monday - Wednesday
BULLY'S BLUE BOOE BROS. VETERAN'S BEST RESTAURANT & TRADING STRAIGHT

STATE CHAMPS
Rattlers
12-year-old Rattlers advance to Midwest Regional
PAGE 8A

LEADER & TIMES
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How Cheyenne Milwaukee Keating

WEDNESDAY JULY 17, 2013 VOL. 124, NO. 74 14 PAGES **RECOVER THE NEWS OF THE MOUNTAINS \$1**

High Plains DOWNLOADS
Former Liberal resident shares her message of healing hope
Lynne Thompson, a former Liberal resident, shares her message of healing hope. She says she was diagnosed with breast cancer in 2008 and has since been through a journey of healing and recovery. She now lives in the mountains and is a member of the High Plains community.

SATURDAY
Chamber to host Legislative Breakfast discussion
The Chamber of Commerce is hosting a Legislative Breakfast discussion on Saturday, July 20, at 8:30 a.m. The discussion will focus on the current legislative agenda and the impact of the new provincial government. The event is free and open to all.

THURSDAY
Learn how to eat healthy, be active
The health and wellness committee is hosting a "Learn how to eat healthy, be active" session on Thursday, July 18, at 6:30 p.m. The session will cover topics such as healthy eating, physical activity, and stress management. The event is free and open to all.

TUESDAY

They came, read the Bible, ate cheesecake brownies
The health department is open from 9 a.m. to 4 p.m. Monday through Friday. The phone number is 504-536-4822.

Back to school preparation begins with immunizations
The health department is open from 9 a.m. to 4 p.m. Monday through Friday. The phone number is 504-536-4822.



Plans for wind farm put on hold

Plans for a wind farm in the mountains have been put on hold. The project, which was expected to be completed by late 2013, has been delayed due to various factors. The wind farm is located in a scenic area and is expected to generate clean energy for the region.

Back to school preparation begins with immunizations

The health department is open from 9 a.m. to 4 p.m. Monday through Friday. The phone number is 504-536-4822. Back to school preparation begins with immunizations. Parents are encouraged to bring their children to the health department for immunizations before the start of the school year.